

Fon du Lac Park PARTY LINE



Gina Bartelmay

Adult Program
Coordinator

Hello Everyone!

I want to express my heartfelt gratitude to all who remembered me this holiday season. I treasure every card, letter, and gift that you gave to me. Thank you so very much.

Don't let the winter blahs set in. I have the perfect solution...programs and activities within these pages. It is the best medicine for what ails you.

The safety of our participants is the most important thing to us. Therefore, we will cancel programs if there is inclement. Call for status if you have not heard from us. See you soon!

January, February, March 2015

As Always, Gina

Dancing with the Stars



Watch new numbers, as well as some of the most memorable dances from last season. Don't miss this entertaining show at the Peoria Civic Center!

Date: Wednesday, Jan 21

Time: 6:30 - 10:00pm (dessert here before show)

Cost: \$56.00

Must be paid by January 16th, so hurry



Golden Windmill Follies Play & Dinner

We are headed to Golden Illinois for their annual Windmill Follies, consisting of a delicious dinner and play that the town has been doing for over 20 years.

Date: Friday, Mar 27 | Time: 3:00 - 11:00pm | Cost: \$42.00

Includes transportation on our mini coach, dinner and play.



It's time to take charge of your health!
TOPS – Take Off Pounds Sensibly

This weight loss support group meets each Thursday from 9:00 - 10:15am. This program works as you have support, fun, and accountability. After an initial yearly registration fee of \$31.00, weekly dues are under a dollar. You will feel so much better with just a 10 pound loss! Don't put it off any longer. Call Gina at 699-3923 if you are interested in becoming a healthier, happier you, just by joining TOPS.

HOW TO
get the most
OUT OF YOUR
watercolors

Watercolors with Joe McGuire

Come and create a beautiful watercolor with Joe, as we will "think spring" and create a beautiful scene of Lake Michigan and Door County, Wisconsin. You will have fun and learn some great painting techniques with Joe's friendly, easy-going teaching style.

Date: 4-week class, Jan 27, Feb 3, 10, 17
Cost: \$35.00 (supplies included)
Time: 10:00 - 11:30am

Cabin Fever?!

Beat cabin fever at our "Bust the Winter Blues Party"! There will be games, fun, prizes, and a dessert bar.

Date: Friday, Jan 30
Time: 1:00 - 2:30pm
Cost \$3.00

Sponsored by Riverview Healthcare

Lunch and Entertainment

at Washington Supportive Living

We have been invited to this beautiful facility for a delicious lunch in their activity room, followed by music from one of their favorite entertainers, Carl Bop. Must register even if driving yourself, as space is limited.

Date: Friday, Jan 16
Time: 12:00 - 3:15pm
Cost: No Cost

St. Patrick's Day Party

and Lunch

Date: Tuesday, Mar 17
Time: 11:00am - 1:00pm
Cost: \$4.00



Spring has sprung

Welcome spring with food, fun, and fellowship.

Date: Friday, Mar 20
Time: 11:00am - 1:00pm
Cost: \$3.00

Sponsored by Washington Christian Village



Girls Gone Gabbing

Some of the best times we have are when we just sit and visit. So here is our chance! I'll have topic starters if we need them, and of course, fun finger foods.

Dates: Wednesdays – Jan 21, Feb 18, Mar 18
Time: 10:00 - 11:30am
Cost: \$1.00

Hatha Yoga

Meaning “yoga for health” - this class is for the mind, body, and soul. A great workout for all levels. This class is taught by Judithe Rexford, a certified yoga instructor. Please wear comfortable clothes and bring a towel or mat.

Dates: Tuesdays and Thursdays
Starting January 13
Time: 10:15 - 11:15am
Cost: \$16.00 - 4 week session

Thrift Store / Consignment Shops

Galesburg..... Will stop for lunch.

Date: Friday, Mar 6
Time: 9:00am - 4:00pm
Cost: \$5.00 - lunch on your own



CONKLIN'S - BARN II



“Life After Fifty”

Thursday, Feb 26 - must be paid by Jan 26

“Maid to Order”

Thursday, Apr 2- must be paid by Mar 2

Time: 5:30 - 10:30pm for each show

Cost: \$39.00 per show

Includes ticket, buffet, and transportation

TAKE 5 “Heart Healthy”

Since February is National Heart Month, our program will reflect that theme.

Your hosts:

Cheryl Parmenter & Fondulac Rehab Care

Date: Friday, Feb 20

Time: 10:30am - 12:30pm

Cost: \$1.00

China Village

To celebrate Chinese New Years, let's go as a group and enjoy this buffet. We will have a little trivia first.

Date: Thursday, Feb 19

Time: 10:30am - 12:30pm

Cost: \$1.00 plus your meal





BINGO & BREAKFAST

Dates: Mondays – Jan 26, Feb 23, Mar 23

Time: 9:30 - 11:30am

Cost: \$3.00 per date

Sponsored by: Fondulac Rehabilitation & Healthcare

POTLUCK & BINGO

The first Wednesday of every month. Bring your own table service and a nice dish to pass. Serving begins at 11:30am.

No registration required – just show up!

We love to see new faces. First time attendees need no covered dish. Park at the east side of the building.

Fried Chicken provided by Riverview

JUST BINGO

Jan 13, Feb 10, Mar 10 **Sponsor - Riverview**

Jan 20, Feb 17, Mar 17 **Sponsor - Courtyard Estates**

Jan 27, Feb 24, Mar 24 **Sponsor - The Heights**

Dates: Tuesdays

Time: 1:00 - 2:30pm

Cost: \$1.00 per date

BINGO AT COURTYARD ESTATES

Date: Friday, Feb 6

Time: 8:30 - 11:30am

Cost: Free – please register

Mexican Dominoes

Wednesdays, Noon - 3:00 pm **Beginners Welcome!**

Hand & Foot

(Card game)

Every Monday at 1:00pm...Beginners welcome!!

Euchre

Tuesdays & Thursdays, 11:00am - 3:00pm



Dates: Thursdays – Jan 22, Feb 26, March 26

Time: 1:00 - 3:00pm

Cost: \$1.00 per date

Sponsored by Hospice Compassus

Join Us!! *All you need to do is call 699-3923*

to register for a program or outing. Most programs meet at administration building unless otherwise noted. The transportation for outings and trips is our own 28- passenger mini coach. Longer trips may use a larger charter bus, which will always be signified in trip description. We welcome new attendees to any of our programs. Jump in; you will be glad you did.

EVENTS

Mark your Calendar

LUNCH BUNCH

Whitey's BBQ - East Peoria

Date: Wednesday, Jan 23

Time: 11:00am - 12:30pm

Cost: \$1.00 plus your meal

Crave - Farmington

Date: Thursday, Feb 12

Time: 10:30am - 2:00pm

Cost: \$3.00 plus your meal

Doc's - Roanoke

Date: Friday, Mar 12

Time: 10:30am - 2:30pm

Cost: \$3.00 plus your meal.

We will be playing games with prizes in their back room after the meal

OUT ON THE TOWN

McMahon's Pints and Pub - Sunnyland

Date: Thursday, Jan 29

Time: 4:45 - 7:00pm

Cost: \$1.00 plus your meal

Germantown Grille - Germantown Hills

Date: Wednesday, Feb 18

Time: 4:30 - 7:00pm

Cost: \$2.00 plus your meal

Green Valley Inn - Green Valley

Date: Tuesday, Mar 24

Time: 4:30 - 7:30pm

Cost: \$3.00 plus your meal



BALLROOM DANCE

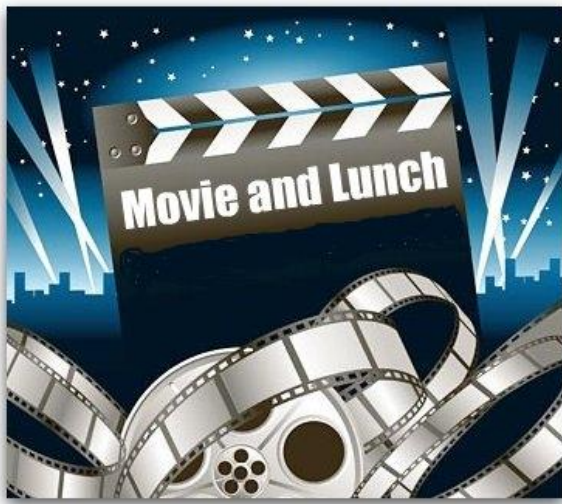
Courtyard Estates is announcing a new program. There will be a ballroom dance the 2nd Wednesday of each month, starting in February. I am taking a group to help their inaugural event. Don't dance? Come and listen and enjoy refreshments.

Date: Wednesday, Feb 11

Time: 1:30 - 4:30pm

Cost: No Cost - but please register with us even if you are driving separately.





Movie Dates	Title	Rating
Tuesday, Jan 20	"The Hundred Foot Journey"	(PG)
Tuesday, Feb 24	"Elsa & Fred"	(PG13)
Tuesday, Mar 31	"St. Vincent"	(PG13)

Time: 10:30am - 1:30pm

Cost: \$4.00 per date

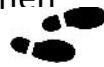
Sponsored by: Brandon Wood & Washington Christian Village

South Eden Village

in Hanna City



Come shop or just look at this unique gift, furniture, and antique mall that will also be having their annual 50% off sale on select items. There is much to see! We will eat in Hanna City at Hannah's Parlor first, and then go shopping.



Date: Thursday, Feb 5

Time: 10:30am - 3:00pm (approx return time)

Cost: \$4.00 for transportation

Johnny Cash Experience

at Illinois Central College

You will be delighted with this performers' uncanny likeness to the man in black. We will have dessert here before the show.

Date: Friday, Mar 20

Time: 6:30 - 10:00pm

Cost: \$22.00

Valentine Craft Class

Join Gina and make a decoupage Valentine themed treasure box. All materials will be provided, along with refreshments.

Date: Friday, Feb 13

Time: 1:00 - 3:00pm

Cost \$3.00

Movie and Snacks

at Rosewood Care Center

Join the group as we head to Rosewood to watch the movie, "Alexander's Terrible, Horrible, Day." There will also be refreshments served.

Date: Monday, Mar 2

Time: 1:45 - 4:15pm

Cost: No Cost - but please register with us even if you are driving separately.

TAKE NOTE: The Fon du Lac Park District Administration Center will be closed January 19th for Martin Luther King Day, February 16th for Presidents Day, & Friday April 3rd for Good Friday.

Bring a friend that has never attended a program or trip with us, and be entered into a drawing for a \$25.00 gift card towards programs here. Each time you bring someone new, your name will be added.

Food for Thought

Enjoy lunch, a bit of bingo, and learn practical lessons and tools to remain independent and healthy as long as possible.

Dates: Monday, Feb 9

Time: 11:00am - 1:00pm

Cost: \$1.00

Sponsored by: VCP Home Health Care Inc.

"HI-5"

A FREE senior wellness program promoting independence through fitness, flexibility, mobility, weight and attitude. Chair dancing, stretching, strengthening exercises, and much more!

Dates: Every Monday & Friday

Time: 10:00 - 11:00am

Register for each class you plan on attending

Sponsored by: Fondulac Rehabilitation & Healthcare



Big Band Dances

Jim Markham Band Saturday, Feb 28

Bill Hardesty Band Saturday, Mar 28

\$5.00 per person 7:00 - 10:00pm

Held at the Fon du Lac Park District
Administration Center



Jukebox Saturday Night

This two-hour show features family oriented music including country, oldies, gospel, top 40's requests, and much more... a Branson caliber production.

Date: Fridays – Feb 13, Mar 13

Time: Doors open at 6:15pm

Show starts at 7:00pm

Cost: \$8 per person | \$15 per couple
(Kids 12 ↓ Free)

Purchase tickets at the door

For show information:

(309) 369-8487 rockcandy1976@yahoo.com

Needing... bingo prizes, soda, craft supplies and as always, ideas of new places to go, speakers for programs, and activities to offer.



Fon du Lac Park District

201 VETERANS DRIVE • East Peoria, IL 61611
(309) 699-3923 • (309) 699-3419 FAX

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Return Service Requested

Fondulac Rehabilitation & Healthcare ♦ VCP Home Health Care Inc.

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Washington Christian Village ♦ Riverview Senior Living Community

Heritage Manor of Chillicothe ♦ Courtyard Estates

Hospice Compassus ♦ Brandon Wood ♦ Comfort Plus

Rosewood Care Center of East Peoria ♦ Care Solutions

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