

January, February, March 2026

# FON DU LAC PARK DISTRICT SENIOR NEWSLETTER

201 VETERANS DRIVE, EAST PEORIA, IL, 61611 • 309-699-3923 • WWW.FONDULACPARK.COM



**Jackie Gorrell**

Adult Program Coordinator

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10:00am – 2:00pm

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## Just a Reminder

- If you aren't feeling well please stay home.
- Please make sure to register ahead of time for all programs and pay attention to deadlines.
- Please arrive 15 minutes early for all trips.
- Cancellation Policy: You must cancel 48 hours in advance of program or before posted deadline to receive a refund.

## HAPPY NEW YEAR EVERYONE!

Wishing you and your family a Happy New Year!

Bless this year with love and light,

Bless this year with faith and sight,

Bless this year with grace and ease,

Bless this year with joy and peace,

Bless this year with memories.

Don't let the winter blues get to you. Join me for some fun as we head out to new places and see new things. We always have a great time on our outings and our programs, whether it be lunch, dinner, or playing bingo. Look inside and see what you would like to do this New Year with us here at the Fon Du Lac Park District.

Just a reminder as we approach our winter months, if Fon du Lac Park District closes due to inclement weather, all senior programs will be cancelled as well. If the announcement is made and we are scheduled for a program or an outing, a credit will be placed on your account for that day. You can see the closing announcement by watching the scrolling marquee on the local TV channels, WHOI19, WMBD31 & WEEK25, and by visiting our Fon du Lac Park District Facebook page.

Wishing you and yours peace and joy in the New Year.  
Look out 2026, here we come!

Stay safe and well,

*Jackie*

## Please Note:

The Fon du Lac Park District Administration Center will be closed Thursday, January 1, 2026 in observance of New Year's Day, Monday, January 19 in observance of Martin Luther King Jr. Day and Monday, February 16 in observance of President's Day.





## VALENTINES DAY CARD MAKING FOR NEWS 25



Join me to help make someone smile as we make cards for News 25 Lifting Spirits Card Drive. This is not a fancy card class. We create our own card ideas or create them from a homemade kit made by Jackie.

Date: Thursday, February 5

Time: 10:00 – 11:30am (Approx.)

Cost: FREE – Please sign up by Jan 20

Held in Room F (10 person max)



# Veterans Coffee Hour

## Honoring the service of our Military Veterans

We invite you to join us for a casual social hour at Fon du Lac Park District Administration Building. Connect with fellow service members and share stories and resources over coffee and donuts.

Dates: Tuesday, March 3, 2026  
Tuesday, June 2, 2026  
Tuesday, September 1, 2026  
Tuesday, December 1, 2026

Time: 10:00 am - 11:00 am

Cost: Free

Location: Room M  
Fon du Lac Park District Admin Center  
201 Veterans Dr., East Peoria

Sponsored by Arcadia

Arcadia  
Avenues

Villas  
Gardens

Arcadia



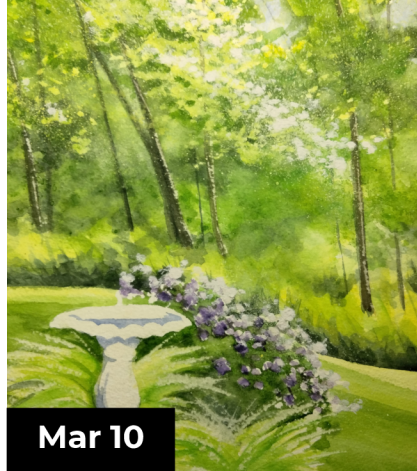




Jan 20



Feb 17



Mar 10



## ART CLASSES WITH JOE MCGUIRE

### Paint a Cozy Winter Cabin Scene

We will paint a cozy winter cabin nighttime scene during a snowstorm. The windows are glowing in the dark woods. All the necessary acrylic paints are provided along with the rest of the supplies. All skill levels are welcome. Wear something you can get paint on for a fun morning of painting with Joe. **Please sign up and pay by January 15.**

Date: Tuesday, January 20

Time: 10:00am – 12:00pm

Cost: \$26.00 (Supplies Included)

Held in Room M

### Let's Draw Lots of Flowers!

Let's draw lots of flowers! Floral subjects are popular, and Joe will show you how to draw individual flowers, floral bouquets and still life scenes using pencil, marker, colored pencils and watercolor. Everything is provided. **Please sign up and pay by February 12.**

Date: Tuesday, February 17

Time: 10:00am – 12:00pm

Cost: \$23.00 (Supplies Included)

Held in Room M

### Paint Springtime with Joe

We will be thinking of spring with this beautiful backyard scene that includes a bird bath and lots of springtime trees. We will use all of the watercolor techniques that have become popular at our Fon du Lac Park District classes over the years. Just bring yourself ready to have a relaxing morning of painting. **Please sign up and pay by March 5.**

Date: Tuesday, March 10

Time: 10:00am – 12:00pm

Cost: \$26.00 (Supplies Included)

Held in Room M



Joe welcomes all skill levels. Come join Him!  
All Classes held at Fon du Lac Park District



Website

<https://joetheartguy.com/>





## PUZZLES AND MORE PUZZLES

January 29th is National Puzzle Day. No matter if it's a crossword, jigsaw, trivia, word search or brain teasers, puzzles put our minds to work. Spending time on puzzles at memory therapy will help improve memory skills.

Date: Wednesday, January 14

Time: 10:30 – 11:30am

Cost: \$2.00 – Snacks & Drink Provided

Held in Room M – Please sign up by Jan 9



CAPTEL BINGO  
NOV 2025

## NAME THAT CHALLENGE

Name That Challenge is a game which involves guessing a name/object based on a clue or description. Time for those brains to get to work!

Date: Wednesday, February 11

Time: 10:30 – 11:30am

Cost: \$2.00 – Snacks & Drink Provided

Held in Room M – Please sign up by Feb 6

## ST. PATRICK'S DAY TRIVIA

Test your brain with these easy, not so easy, challenging St. Patrick's Day Trivia.

Date: Wednesday, March 11

Time: 10:30 – 11:30am

Cost: \$2.00 – Snacks & Drink Provided

Held in Room M – Please sign up by Mar 6



CAPTEL BINGO  
NOV 2025





# MOVIE & LUNCH

Movie Dates	Title	Rating	Time
Monday, Jan 12	The Trouble with Angels	PG	1h 52m
Monday, Feb 9	Steel Magnolias	PG	1h 58m
Monday, Mar 16	Uncle Buck	PG	1h 40m

Time: 10:30am – 1:30pm (Approx.)

Cost: \$5.00 per date

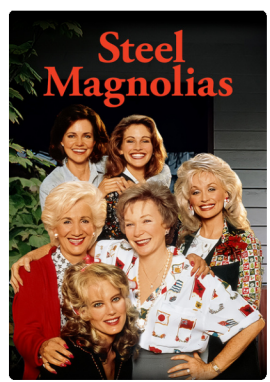
Enjoy popcorn and drinks during the movie. Lunch after the movie is sponsored by Arcadia Care, Hallmark Health and Home Instead.

**PLEASE NOTE: You must be registered by the Wednesday before the Movie Day. Walk ins will not be accepted.**



## Monday, January 12 • The Trouble with Angels (1966) • Comedy, Family

Mary (Hayley Mills) and her friend, Rachel (June Harding), are new students at St. Francis Academy, a boarding school run by the iron fist of Mother Superior (Rosalind Russell). The immature teens grow bored and begin playing pranks on both the unsuspecting nuns and their unpleasant classmates, becoming a constant thorn in Mother Superior's side. However, as the years pass, Mary and Rachel slowly mature and begin to see the nuns in a different light.



## Monday, February 9 • Steel Magnolias (1989) • Romance, Comedy

M'Lynn (Sally Field) is the mother of bride-to-be Shelby Eatenton (Julia Roberts), and as friend Truvy Jones (Dolly Parton) fixes the women's hair for the ceremony, they welcome a helping hand from aspiring beautician Annelle Dupuy Desoto (Daryl Hannah). Diabetic Shelby has a health scare, which is averted but doesn't bode well for her hopes of having children. Time passes, and the women and their friends encounter tragedy and good fortune, growing stronger and closer in the process.



## Monday, March 16 • Uncle Buck (1989) • Comedy, Family

When Cindy (Elaine Bromka) and her husband, Bob (Garrett M. Brown), have to leave town for a family emergency, there is only one person available to babysit for their three kids: Bob's lazy, carefree brother, Buck (John Candy). While he immediately gets along with the two younger children (Gaby Hoffman, Macaulay Culkin), Buck must change his bachelor lifestyle if he wants to be a responsible caregiver for the angst-filled teenager, Tia (Jean Louisa Kelly).

**All movies are held at the Fon du Lac Park District Administration Center in Room M**





**If it's Tuesday and we are open, it's BINGO!**

**January 6**

Sponsored by Solvera Health

**January 13**

Sponsored by Synergy Home Health

**January 20**

Sponsored by Grandview Alzheimer's Special Care

**February 3**

Sponsored by Oak Street Health

**February 10**

Sponsored by Help at Home

**February 17**

Sponsored by Liberty Village of Pekin

**March 3**

Sponsored by Solvera Health

**March 10**

Sponsored by Synergy Home Health

**March 17**

Sponsored by Charter Senior Care

**March 24**

Sponsored by CEFCU

Date: Tuesdays

Time: 1:00 – 2:30pm

Cost: \$2.00 per date – Held in Room M



**Date: Tuesdays, Jan 27, Feb 24, Mar 31**

Time: 9:30 – 11:30am

Cost: \$4.00 per date – Held in Room M

**PLEASE MAKE SURE TO SIGN UP A WEEK IN ADVANCE**

Sponsored by Brandon Wood

Retirement Ctr. & Interim HealthCare



**All Card Games Held in Room A**

Beginners are always welcome!!

**Hand & Foot**

Mondays, 1:00 – 3:00pm

**No Hand & Foot on Jan 19 & Feb 16**

**Samba**

Tuesdays & Thursdays, 10:00am – 3:00pm

**No Samba on Jan 1**



**Mahjong (Tile Game)**

Wednesdays, 9:00am – 12:00pm

Held in Room A



**Yahtzee**

Thursdays, 12:00 – 2:00pm

Held in Room M

**No Yahtzee on Jan 1**

# OH, THE FUN PLACES WE CAN EAT!

Please make sure to arrive  
15 minutes early for all trips



## **4 Corners Smokehouse, E.P.**

Date: Wednesday, January 7

Time: 11:30am – 1:30pm (Approx.)

Cost: \$3.00 – Plus your meal

Please sign up by Dec 31

Scan QR code to view menu



## **Brasky's Bar & Grill, Peoria**

Date: Friday, February 13

Time: 11:00am – 1:00pm (Approx.)

Cost: \$3.00 – Plus your meal

Please sign up by Feb 6

Scan QR code to view menu



## **Molly's Pizzeria, Chillicothe**

Date: Monday, March 9

Time: 11:00am – 2:00pm (Approx.)

Cost: \$6.00 – Plus your meal

Please sign up by Mar 2

Scan QR code to view menu



## **Germantown Grille, G. Hills**

Date: Monday, January 26

Time: 3:00 – 5:30pm (Approx.)

Cost: \$3.00 – Plus your meal

Please sign up by Jan 16

Scan QR code to view menu



## **Olivers in the Heights, Peo. Hts**

Date: Thursday, February 26

Time: 4:00 – 6:30pm (Approx.)

Cost: \$3.00 – Plus your meal

Please sign up by Feb 17

Scan QR code to view menu



## **Mystery Dinner**

Date: Monday, March 30

Time: 4:00 – 6:30pm (Approx.)

Cost: \$2.00 – Plus your meal

Please sign up by Mar 23

Scan QR code to view menu



## **Join us!!**

All you need to do is call 309-699-3923 to register for a program or outing. Most programs meet at Administration Building unless otherwise noted. The transportation for outings and trips is our own 14-passenger or 25-passenger mini coach. Longer trips may use a larger charter bus, which will always be signified in trip description. We welcome new attendees to any of our programs. Come join us!



# OH, THE FUN PLACES WE WILL GO!

NEVER STOP  
EXPLORING



## National Weather Service, Lincoln, IL

Join me as we head to Lincoln to visit the National Weather Service. We will take a tour that consists of time in the conference room going over a few slides about their operation and weather safety. Next we will go into the operations area to see the workstation and displays that are used every day. We will make our way through the building looking at the tornado shelter room, computer room and other areas. We will stop for lunch on our way home. **Please sign up and pay by December 30. No refunds after December 31.**

Date: Thursday, January 15

Time: 10:00am – 3:00pm (Approx.)

Cost: \$15.00 – for transportation and donation to NWS. (14 person max)

## Peoria Riverfront Museum

COME FOR THE MORNING, STAY FOR THE DAY!

Please join us as we attend this year's first Senior Day at the Peoria Riverfront Museum which is held on the third Wednesday of each month. Members and seniors 60+ can enjoy all exhibitions and daytime planetarium shows for free. At 10:00am Coffee and Pastries are offered, at 10:30am tentatively we will learn about the Promise of Liberty, Part 1. Afterwards we will be able to enjoy walking through the museum. **Please sign up and pay by February 11. No refunds after February 16.**

Date: Wednesday, February 18

Time: 9:30am – 12:30pm (Approx.)

Cost: \$2.00 – for transportation. (14 person max)



DICKSON MOUNDS STATE MUSEUM - NOV. 2025

# OH, THE FUN PLACES WE WILL GO!

NEVER STOP  
EXPLORING



## Illinois State Capitol, Springfield, IL

Today's trip takes us to Springfield, IL. We will tour the Old State Capitol, the Illinois State Capitol and then we will break for lunch. After we will return to tour the Dana-Thomas House. **Please sign up and pay by February 10. No refunds after February 12.**

Date: Wednesday, February 25

Time: 8:30am – 4:00pm (Approx.)

Cost: \$33.00 – for transportation and donation for tours. (14 person max)

## Bally's Casino & Lunch, Quad Cities

High Ho! High Ho! It's off gambling we go! We will head to the Quad Cities for a day of gambling and lunch. We will enjoy lunch at the Players Buffet, Thursday features an all-you-can-eat homemade soup, salad and ice cream lunch buffet. The price is \$10.99 plus tax. \*\*The Bally Rewards card discount does not apply to this lunch buffet. **Please sign up and pay by February 25. No refunds after February 27.**

Date: Thursday, March 5

Time: 8:00am – 4:00pm (Approx.)

Cost: \$25.00 – for transportation. Meal on your own. (14 person max)

## Spark Program with Kim from Charter Senior Living

What we will be doing will be determined as we get closer to the date. **Please sign up and pay by March 20. No refunds after March 23.**

Date: Thursday, March 26

Time: 3:30 – 6:30pm (Approx.)

Cost: \$3.00 – for transportation. (10 person max)



MORTON PUMPKIN FESTIVAL BINGO - SEPT. 2025



# OH, THE FUN PLACES WE WILL GO!



**Performed by the International Ballet Stars at the  
Bloomington Center for the Performing Arts**



Don't miss the ballet event that will take your breath away! For one night only, Swan Lake will unfold on stage with all the beauty, passion, and drama that has made it one of the most beloved ballets in the world.

Experience the world's most in-demand ballet, Swan Lake, presented by Classical Arts Entertainment and performed by International Ballet Stars. This full-scale production features Tchaikovsky's legendary score and brings the masterpiece choreography by Marius Petipa and Lev Ivanov to life. Be spellbound by the iconic variation of the Little Swans, Odile's 32 fouettés, and the graceful movements of the talented ballet dancers.

With over 200 custom scenery pieces adding grandeur and beauty, this production promises to be a spectacular visual treat. Featuring a brilliant cast of dancers from Italy, France, Georgia, Great Britain, Ukraine, Moldova, Armenia, Japan, and Kyrgyzstan, this tour celebrates the diversity and global excellence of classical ballet. **Please sign up and pay by March 11. No refunds after March 12. Please make sure to eat before you go, we will NOT be stopping for dinner.**

Date: Friday, March 20

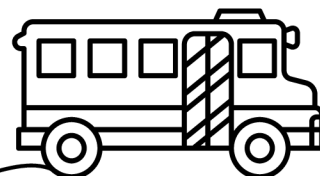
Time: 5:30pm – 11:00pm (Approx.)

Cost: \$68.00 – for transportation and show. (20 person max)

**NEVER STOP  
EXPLORING**

# NEXT STOP \* TREASURE HUNT

NEVER STOP  
EXPLORING



## ANTIQUING AND THRIFTING IN PEKIN & TREMONT

Thriftng and Antiquing is more than just shopping.... It's an everyday adventure. Let's load the bus and head to Pekin and Tremont for a day of fun. As always, we will stop along the way for lunch. Please sign up and pay by January 6.

Date: Friday, January 9

Time: 9:00am – 4:00pm (Approx.)

Cost: \$10.00 – for transportation. Meal on your own. (10 person max)

## THRIFTING IN WASHINGTON & EUREKA

May the thrift shop odds be in your favor today as we head to Washington and Eureka. We will also stop along the way for lunch. Please sign up and pay by February 13

Date: Thursday, February 19

Time: 10:00am – 5:00pm (Approx.)

Cost: \$10.00 – for transportation. Meal on your own. (10 person max)

## THRIFTING & ANTIQUING AT SOUTH EDEN MALL (PLUS MORE)

Let's load the bus and head to South Eden Village Mall in Hanna City and other stops for a day of antiquing and thrifting. We will stop along the way for lunch. Please sign up and pay by March 20.

Date: Wednesday, March 25

Time: 9:30am – 5:00pm (Approx.)

Cost: \$10.00 – for transportation. Meal on your own. (10 person max)



THRIFTING & ANTIQUING IN CHILLICOTHE

REASONS  
TO THRIFT:  
1 SAVE MONEY  
2 SAVE THE  
WORLD



# WIN

## WEIGH IN NOW

### Come Join Our Weight Loss Group

Join us for our program that we've designed to provide accountability and support no matter where you are on your journey. Programs, speakers, contests, and incentives, along with great camaraderie will only bolster your efforts. **For new and current WIN members annual dues are \$20.00. In addition, there are also weekly dues of \$2.00.**

"WIN!" meets in room M every Thursday with weigh in between 10:00 – 10:30am and the meeting following until 11:00am. If you have any questions on how you can become a happier, healthier you please come to a meeting. We would be happy to have you!

**No meetings on December 25, 2025 or January 1, 2026.**



## Home Extension of East Peoria

### Home & Community Education



We have a gem of a group meeting right here and you are all invited to join in!  
Meet new people, learn, and help others at Home and Community Education.

This group, with an astounding 90+ year history, is inviting and welcoming new members to experience all this program has to offer. Under the guidance of Tazewell County Home and Education, an extension of the University of Illinois, this is one group to get involved with. A "4-H for grownups" as Home Extension describes it; the purpose of this program is education on topics regarding family, community, and home, along with community service to area worthwhile organizations like the Veterans' food pantry for Tazewell County.

You do not have to live in Tazewell County to participate and anyone is welcome to come as a guest. Dues are \$20.00 for the year. Meetings are held at the Admin Building the first Thursday of each month in Room L. Meetings start at 11:00am and are over by approx. 2:00pm. Next meeting is on March 5, 2026. Please make sure to bring your own lunch.

**No meetings held in December 2025, January 2026 or February 2026.**



# WINTER SAFETY



## Falls

It's very easy to slip and fall in the winter. To lower the odds of a fall:

- Carefully shovel steps and walkways to your home or hire someone to shovel for you.
- Do not walk on icy or snowy sidewalks; look for sidewalks that are dry and have been cleared.
- Wear boots with non-skid soles so you do not slip when you walk.
- If you use a cane, replace the rubber tip before it is worn smooth. You might also buy an ice pick-like attachment that fits onto the end of the cane to help keep you from slipping when you walk with the cane. (You can find these at medical supply stores.)

## Injury while shoveling snow

When it's cold outside, your heart works extra hard to keep you warm. Working hard by shoveling snow, for example, may put too much strain on your heart, especially if you have heart disease. Shoveling can also be dangerous if you have problems with balance, or "thin bones" (osteoporosis). You should:

- Ask your healthcare provider whether it is safe for you to shovel snow or do other hard work in the cold.




## Accidents while driving

Adults 65 and older are involved in more car accidents per mile driven than those in nearly all other age groups. Since winter driving can be very dangerous, you should:

- Winterize your car before the bad weather hits (have the antifreeze, tires and windshield wipers checked and changed if necessary).
- Check weather reports and check for winter weather advisories before beginning long car trips.
- Do not drive on icy roads, overpasses or bridges if possible; look for another route.
- Slow down when roads are covered with snow or ice.
- Take a cell phone with you when driving in bad weather and let someone know where you're going and when you expect to arrive so they can call for help if you're late.
- Stock your car with basic emergency supplies, such as: a first aid kit, blankets, extra warm clothes, a windshield scraper, rock salt, a bag of sand or cat litter (to pour on ice or snow in case your wheels get stuck in the ice or snow), shovel, booster cables, container of water, canned or dried foods, can opener, and flashlight.



# January 2026

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			<b>CLOSED</b> 	
5 Hand & Foot 1:00-3:00pm Rm A	6 Samba 10:00am-3:00pm Rm A Bingo 1:00-2:30pm Rm M	7 Mahjong 9:00am-12:00pm Rm A 4 Corners 11:30am-1:30pm Bus	8 Samba 10:00am-3:00pm Rm A WIN 10:00-11:00am Rm M Yahtzee 12:00-2:00pm Rm M	9 Thrifting 9:00am-4:00pm Bus
12 Hand & Foot 1:00-3:00pm Rm A Movie & Lunch 10:30am-1:30pm Rm M	13 Samba 10:00am-3:00pm Rm A Bingo 1:00-2:30pm Rm M	14 Mahjong 9:00am-12:00pm Rm A Memory Therapy 10:30-11:30am Rm M	15 National Weather 10am-3pm Bus Samba 10:00am-3:00pm Rm A WIN 10:00-11:00am Rm M Yahtzee 12:00-2:00pm Rm M	16
19 <b>CLOSED</b> 	20 Samba 10:00am-3:00pm Rm A Painting w/Joe 10am-12pm Rm M Bingo 1:00-2:30pm Rm M	21 Mahjong 9:00am-12:00pm Rm A	22 Samba 10:00am-3:00pm Rm A WIN 10:00-11:00am Rm M Yahtzee 12:00-2:00pm Rm M	23
26 Hand & Foot 1:00-3:00pm Rm A Germantown Grille 3:00-5:30pm Bus	27 Samba 10:00am-3:00pm Rm A Bingo & Breakfast 9:30-11:30am Rm M	28 Mahjong 9:00am-12:00pm Rm A	29 Samba 10:00am-3:00pm Rm A WIN 10:00-11:00am Rm M Yahtzee 12:00-2:00pm Rm M	30

**National Puzzle Day, celebrated on January 29, offers many benefits for seniors, such as boosting brain health by improving memory, problem-solving, and cognitive function. The day can be celebrated by engaging in a variety of puzzles like crosswords, jigsaw puzzles, or Sudoku, which can also reduce stress and improve mood. For seniors, it's especially beneficial to choose puzzles that are appropriately challenging for their individual abilities.**

## Historical Facts:

- The first puzzle was created around 1760 by John Spilsbury, an English mapmaker who wanted a tool to help students learn geography.
- The term "jigsaw puzzle" came about later, in the 1880s, with the invention of the jigsaw tool, which made it easier to cut puzzles from plywood.

## Benefits of Puzzles for Seniors:

- **Cognitive stimulation:** Puzzles help activate the brain, improving memory, concentration, and problem-solving skills.
- **Brain health:** They can help with cognitive and visuospatial function and may help slow cognitive decline in conditions like Alzheimer's and dementia.
- **Stress reduction:** The act of concentrating on a puzzle can have a calming effect, lower stress levels, and provide a sense of relaxation and accomplishment.
- **Emotional well-being:** Solving puzzles releases dopamine, which can improve mood, while the sense of achievement boosts self-esteem.
- **Fine motor skills and hand-eye coordination:** Activities like putting together jigsaw puzzles can help maintain dexterity and coordination.
- **Social connection:** Puzzles can be a great social activity, fostering connection when done with others, or providing a sense of purpose and competence.

**Fun Facts:** Did you know the study of puzzles is called enigmatology? Also, people who love puzzles are called "dissectologists". The world's largest jigsaw puzzle has over 40,000 pieces. The fastest jigsaw puzzle completion record is 9 minutes and 58 seconds. What's your record?

# February 2026

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 Hand & Foot 1:00-3:00pm Rm A	3 Samba 10:00am-3:00pm Rm A Bingo 1:00-2:30pm Rm M	4 Mahjong 9:00am-12:00pm Rm A	5 Samba 10:00am-3:00pm Rm A WIN 10:00-11:00am Rm M Card Making 10:00-11:30am Rm F Yahtzee 12:00-2:00pm Rm M	6
9 Hand & Foot 1:00-3:00pm Rm A Movie & Lunch 10:30am-1:30pm Rm M	10 Samba 10:00am-3:00pm Rm A Bingo 1:00-2:30pm Rm M	11 Mahjong 9:00am-12:00pm Rm A Memory Therapy 10:30-11:30am Rm M	12 Samba 10:00am-3:00pm Rm A WIN 10:00-11:00am Rm M Yahtzee 12:00-2:00pm Rm M	13 Brasky's 11:00am-1:00pm Bus
16 <b>CLOSED</b>  HAPPY <i>Presidents</i> DAY	17 Samba 10:00am-3:00pm Rm A Bingo 1:00-2:30pm Rm M Painting w/Joe 10am-12pm Rm M	18 Mahjong 9:00am-12:00pm Rm A Riverfront Museum 9:30am-12:30pm Bus	19 Samba 10:00am-3:00pm Rm A WIN 10:00-11:00am Rm M Yahtzee 12:00-2:00pm Rm M Thrifting 10:00am-5:00pm Bus	20
23 Hand & Foot 1:00-3:00pm Rm A	24 Samba 10:00am-3:00pm Rm A Bingo & Breakfast 9:30-11:30am Rm M	25 Mahjong 9:00am-12:00pm Rm A IL State Capitol 8:30am-4:00pm Bus	26 Samba 10:00am-3:00pm Rm A WIN 10:00-11:00am Rm M Yahtzee 12:00-2:00pm Rm M Olivers 4:00-6:30pm Bus	27



Happy Valentine's Day  
to my sweet seniors!  
You are the heart of this program.





# March 2026

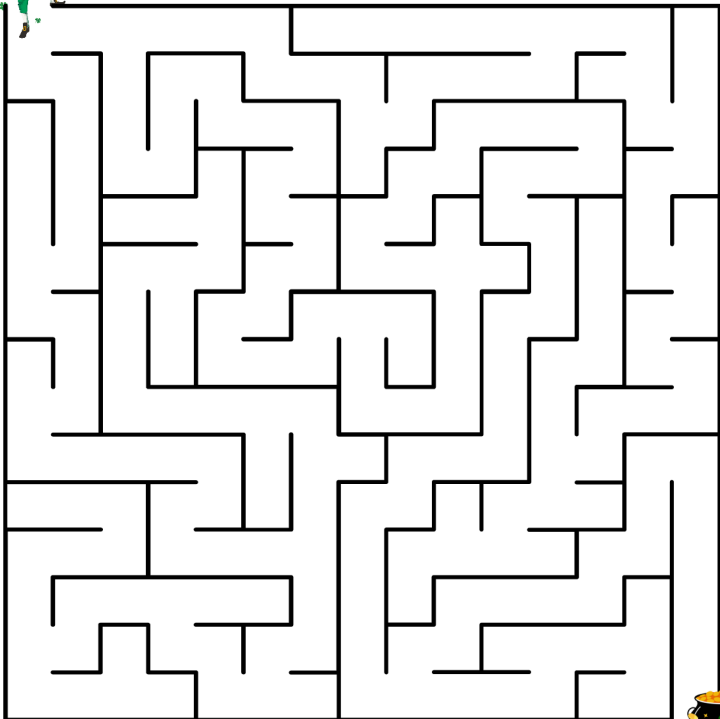
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 Hand & Foot 1:00-3:00pm Rm A	3 Samba 10:00am-3:00pm Rm A Veterans Coffee Hour 10-11am Rm M Bingo 1:00-2:30pm Rm M	4 Mahjong 9:00am-12:00pm Rm A	5 Samba 10:00am-3:00pm Rm A WIN 10:00-11:00am Rm M Home Ext 11:00am-2:00pm Rm L Yahtzee 12:00-2:00pm Rm M Bally's QC 8:00am-4:00pm Bus	6
9 Hand & Foot 1:00-3:00pm Rm A Molly's Pizzeria 11am-2pm Bus	10 Samba 10:00am-3:00pm Rm A Painting w/Joe 10am-12pm Rm M Bingo 1:00-2:30pm Rm M	11 Mahjong 9:00am-12:00pm Rm A Memory Therapy 10:30-11:30am Rm M	12 Samba 10:00am-3:00pm Rm A WIN 10:00-11:00am Rm M Yahtzee 12:00-2:00pm Rm M	13
16 Hand & Foot 1:00-3:00pm Rm A Movie & Lunch 10:30am-1:30pm Rm M	17 Samba 10:00am-3:00pm Rm A Bingo 1:00-2:30pm Rm M	18 Mahjong 9:00am-12:00pm Rm A	19 Samba 10:00am-3:00pm Rm A WIN 10:00-11:00am Rm M Yahtzee 12:00-2:00pm Rm M	20 Swan Lake 5:30-11:00pm Bus Bloomington
23 Hand & Foot 1:00-3:00pm Rm A	24 Samba 10:00am-3:00pm Rm A Bingo 1:00-2:30pm Rm M	25 Mahjong 9:00am-12:00pm Rm A Thrifting 9:30am-5:00pm Bus	26 Samba 10:00am-3:00pm Rm A WIN 10:00-11:00am Rm M Yahtzee 12:00-2:00pm Rm M Spark Program 3:30-6:30pm Bus	27
30 Hand & Foot 1:00-3:00pm Rm A Mystery Dinner 4:00-6:30pm Bus	31 Samba 10:00am-3:00pm Rm A Bingo & Breakfast 9:30-11:30am Rm M			



## THE MISSING GOLD!




This leprechaun lost his pot of gold! Can you help him find it?





## Saint Patrick WORD SCRAMBLE



Unscramble the following Saint Patrick's Day words

- LCHRPEAENU \_\_\_\_\_
- SHRCKOAM \_\_\_\_\_
- ILNARED \_\_\_\_\_
- COVLER \_\_\_\_\_
- FSTEIAVL \_\_\_\_\_
- PTO OF GLOD \_\_\_\_\_
- RNIOWBA \_\_\_\_\_
- HRESOSHEO \_\_\_\_\_
- CNOIS \_\_\_\_\_
- HRAP \_\_\_\_\_
- MCHRA \_\_\_\_\_
- SINTA PTICKRA \_\_\_\_\_

# Registration Form

Please present this form in person to the front desk when registering for multiple programs. DO NOT mail this form in, we cannot guarantee availability.

NAME: \_\_\_\_\_ PHONE #: \_\_\_\_\_

## January 2026

DATE	PROGRAM	COST

DATE	PROGRAM	COST

## February 2026

DATE	PROGRAM	COST

DATE	PROGRAM	COST
FORM CONTINUED ON BACK SIDE		



# February 2026

[illegible][illegible]

# March 2026

[illegible][illegible]

January, February, March 2026



# FON DU LAC PARK DISTRICT SENIOR NEWSLETTER

201 VETERANS DRIVE, EAST PEORIA, IL, 61611 • 309-699-3923 • WWW.FONDULACPARK.COM

If you would have fun participating and don't currently receive the newsletter in the mail, sign up for a copy to be sent right to your mailbox! You can do so by mailing or dropping off the bottom portion of this form to the Fon du Lac Park District Administration Center located at 201 Veterans Drive, East Peoria, or by calling 309-699-3923.

We welcome new attendees to any of our programs.  
Please join us! You will be glad you did.

*Jackie*

**PLEASE SIGN ME UP FOR A SENIOR NEWSLETTER**

**Name:** \_\_\_\_\_

**Address:** \_\_\_\_\_

**City:** \_\_\_\_\_

**Phone Number:** \_\_\_\_\_

**Email Address:** \_\_\_\_\_





## Fon du Lac Park District

201 VETERANS DRIVE • East Peoria, IL 61611  
(309) 699-3923 • (309) 699-3419 FAX

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**Brandon Wood Retirement Ctr • Interim Healthcare  
Synergy Home Care of Peoria • Oak Street Health  
Liberty Village of Pekin • Charter Senior Living of Pekin  
Arcadia Care of Morton, Peoria & Toulon • Solvera Health  
Grandview Alzheimer's Special Care Center • Hallmark Health  
Fondulac Rehab • Wamack Insurance Agency • YWCA Pekin  
Aetna • Home Instead of Central IL • Help at Home  
Fondulac District Library • CEFCU • CapTel**

*Thank You*  
**TO OUR SPONSORS**